

# Mentoring Survey – NIH Fellows' Committee

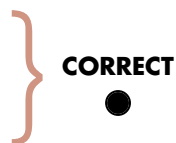
## Note:

If your fellowship has ended, please mark this bubble ☐ and return the uncompleted form.

**"A mentor is a person who has achieved career success and counsels and guides another for the purpose of helping him or her to achieve like success."**

## MARKING INSTRUCTIONS

- Use black or blue pen or a number 2 pencil.
- Make dark marks that fill the bubbles completely.
- Do not use pens with ink that soaks through the paper.
- Make no stray marks.



1. Did you receive the NIH guidelines for:  
\*Training and Mentoring?

- ☐ Upon arrival  
☐ During your fellowship  
☒ No  
☐ Don't Remember

### Conduct of Research?

- ☐ Upon arrival  
☐ During your fellowship  
☒ No  
☐ Don't Remember

2. Who mainly provides your scientific mentoring?

- ☐ My supervisor  
☐ Someone else designated as my mentor  
☒ Both  
☐ Other  
☐ No one

3. Who mainly provides your career guidance mentoring?

- ☐ My supervisor  
☐ Someone else designated as my mentor  
☒ Both  
☐ Other  
☐ No one

## For questions 4-28, assume your direct supervisor is your mentor:

4. How would you characterize the level of scientific direction that your supervisor gives you?

- ☐ Too much  
☐ Too little  
☒ Just right

5. How would you have answered this question 2 years ago?

- ☐ Not here 2 years ago  
☐ Too much  
☒ Too little  
☐ Just right

6. Have you ever discussed with your supervisor the extent and nature of scientific direction you want him/her to give you with your project?

- ☐ Yes  
☒ No

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**Assume your direct supervisor is your mentor**

7. Are you satisfied with the amount of independence you have in your research?
- ☐ Too much
- ☐ Too little
- ☒ Just right
8. Is the extent and nature of scientific direction that you receive a source of tension between you and your supervisor?
- ☐ Never
- ☐ Occasionally
- ☒ Often
- ☐ Very often
9. In general, when your supervisor critically evaluates your work, how useful is that criticism?
- ☐ Very useful
- ☐ Somewhat useful
- ☒ Not useful
- ☐ Never critically evaluates my work
10. When your work is going well, how useful is your supervisor's feedback?
- ☐ Very useful
- ☐ Somewhat useful
- ☒ Not useful
- ☐ Never gives feedback
- ☐ My work has never gone well
11. When your work is stalled, how useful is your supervisor's feedback?
- ☐ Very useful
- ☐ Somewhat useful
- ☒ Not useful
- ☐ Never gives feedback
- ☐ My work has never been stalled
12. How frequently do you receive an official performance evaluation from your supervisor?
- ☐ More than once per year
- ☐ Once per year
- ☒ Less than once per year
- ☐ Never
13. How would you rate your supervisor's availability to you?
- ☐ Always available
- ☐ Mostly available
- ☒ Occasionally available
- ☐ Not available
14. How often do you meet with your supervisor on an individual basis?
- ☐ Daily
- ☐ Weekly
- ☒ Monthly
- ☐ Less than once per month
- ☐ Never
15. Is the frequency of these meetings sufficient for your needs?
- ☐ Yes
- ☒ No
16. How many other postdoctoral fellows work directly with your supervisor?
- ☐ 0
- ☐ 1
- ☒ 2
- ☐ 3
- ☐ 4 or more
17. In publications and in formal presentations, do you receive appropriate recognition for your work?
- ☐ Yes
- ☐ Most of the time
- ☒ Seldom
- ☐ Never

**Assume your direct supervisor is your mentor**

18. Within your lab or branch, do you receive appropriate recognition for your work?

- ☐ Yes  
☐ Most of the time  
☒ Seldom  
☐ Never

19. Has your supervisor encouraged you to present your work at scientific meetings?

- ☐ Yes  
☒ No

20. Is your supervisor helpful in promoting introductions and discussions with scientists outside your lab or branch?

- ☐ Yes  
☒ No

21. About how many seminars do you attend per month?

- ☐ 0  
☐ 1 to 5  
☒ 6 to 10  
☐ More than 10

22. Have you and your supervisor discussed the possibility of your taking courses at FAES, other NIH courses, and/or courses outside NIH?

- ☐ Yes  
☒ No

23. Have you and your supervisor sat down to discuss your:

Training goals?

- ☐ Yes  
☒ No

Career goals?

- ☐ Yes  
☒ No

24. Are your training goals for your fellowship being met?

- ☐ Fully met  
☐ Mostly met  
☒ Partially met  
☐ Not met at all

25. Are your career goals for your fellowship being met?

- ☐ Fully met  
☐ Mostly met  
☒ Partially met  
☐ Not met at all

26. Are your supervisor's goals for your research project being met?

- ☐ Fully met  
☐ Mostly met  
☒ Partially met  
☐ Not met at all  
☐ Don't know  
☐ Never discussed

27. Overall, how would you rate the quality of mentoring you now receive?

- ☐ Excellent  
☐ Good  
☒ Satisfactory  
☐ Poor

28. Over the course of your fellowship, has the quality of the mentoring you receive changed?

- ☐ Improved  
☐ Stayed the same  
☒ Worsened

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What are the most positive aspects of the mentoring you have received at NIH?

What aspects of the mentoring you have received at NIH need improvement?

*These data will be used for statistical purposes only; please answer as many questions as possible.*

I am :

- ☐ Male  
☐ Female

My supervisor is:

- ☐ Male  
☐ Female

I am a:

- ☐ Clinical Fellow  
☐ Research Fellow  
☐ IRTA/CRTA  
☐ Visiting Fellow  
☐ Other

I have a (mark all that apply):

- ☐ MD ☐ DO  
☐ DVM ☐ DDS/DMD  
☐ PhD ☐ Other

How many previous post-doctoral positions have you held?

- ☐ 0 ☐ 3  
☐ 1 ☐ More than 3  
☐ 2

In what year did you begin your current fellowship?

YEAR		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Institute or Center:

- |                                |                             |                             |
|--------------------------------|-----------------------------|-----------------------------|
| <input type="radio"/> CBER/FDA | <input type="radio"/> NHGRI | <input type="radio"/> NIDA  |
| <input type="radio"/> CC       | <input type="radio"/> NHLBI | <input type="radio"/> NIDCD |
| <input type="radio"/> NCBI/NLM | <input type="radio"/> NIA   | <input type="radio"/> NIDCR |
| <input type="radio"/> NCI-DBS  | <input type="radio"/> NIAAA | <input type="radio"/> NIDDK |
| <input type="radio"/> NCI-DCEG | <input type="radio"/> NIAID | <input type="radio"/> NIEHS |
| <input type="radio"/> NCI-DCS  | <input type="radio"/> NIAMS | <input type="radio"/> NIMH  |
| <input type="radio"/> NEI      | <input type="radio"/> NICHD | <input type="radio"/> NINDS |

Ethnicity:

- |  |                                       |
|--|---------------------------------------|
| <input type="radio"/> African-American       | <input type="radio"/> Hispanic        |
| <input type="radio"/> Asian/Pacific Islander | <input type="radio"/> Native American |
| <input type="radio"/> Caucasian              | <input type="radio"/> Other           |

**THANK YOU!**

Your answers will be kept strictly confidential. The results will be available in statistical format **only**.

PLEASE USE THE ENCLOSED ADDRESSED AND STAMPED ENVELOPE AND RETURN THE QUESTIONNAIRE TO:

NCS Pearson  
7801 Mesquite Bend Dr., Suite 105  
Irving, Texas 75063

**FOR OFFICE USE ONLY**

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